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Pastor Darrell Brazell of New Hope Recovery Ministries (www.newhope4si.com) has been using Life Model principles in his teaching, counseling and recovery ministry for the past eleven years. His "Power of Joy" class introduces the life-changing principles of the rhythm of joy and quiet, synchronization, and the necessity of advancing in our maturity. It also gives a basic understanding of the brain, teaches the importance of resolving old pain, and introduces some remarkably easy ways to experience the presence and comfort of Jesus in every-day life.

The class will be a combination of teaching and interactive experiences on Wednesdays from 7-8:30 PM at New Hope Fellowship, 1449 Kasold, Lawrence KS. It will conclude with a Saturday 9-4 Immanuel Prayer Seminar.

The suggested donation for the class is \$30 per person or \$50 per couple for the eight weeks, and \$35 for the Immanuel Prayer Seminar. However, please do not let the suggested donation amount keep you from attending and please feel free to come and check out the first week before you commit. Donations help support New Hope Recovery Ministries and gifts of any amount are appreciated but not required.

## **Class Schedule**

September 28 Joy 101 (Rhythm of joy & quiet, tips for creating joy, etc.)
October 5 Joy, Suffering, Trauma, Maturity & Recovery (Explanation of "joy capacity" and how
trauma and lack of maturity diminish our capacity)
October 12Fast Tracking With Jesus (Immanuel Prayer Journaling)
October 19 The Brain 101 (5 level structure of the brain & relational circuits)
October 26 Our Relational Circuits
November 2 The Problem of Pain
November 9 The Verbal Logical Explainer (From Dr. Karl Lehman's Outsmarting Yourself)
November 16 Growing Up (Using the Life Model's "Five Stages Of Maturity.")
December 3 Immanuel Prayer Seminar

- Brief Introduction and explanation of different forms of "Immanuel Prayer Processing"
- Live Demonstration of Facilitated Immanuel Prayer
- Share Immanuel (We will do Immanuel Prayer in groups of three with the goal of helping everyone establish interactive appreciation places with Jesus)
- Share Immanuel II (Goal will be to teach participants how to make trips into their "thorns" without getting or staying stuck in the pain.)

To register or if you have questions, please email info@newhope4si.com or call 785-331-4673