



 **Maturity 101**




 **Housekeeping**


- Please Register & Use Name Tags Each Week
- Coffee Is By Donations (We are guests here)
- Lots Of Great Resources On Resource Table
 - Audio CDs of Week 1-3 & Power of Joy mp3 CD
 - Darrell's Resources
 - Life Model Resources
- Pre-purchase of MP3 CD now comes with instant downloads!
- If We Have Bad Weather Nights . . .
 - www.pojkc.com
 - www.facebook.com/pojkc



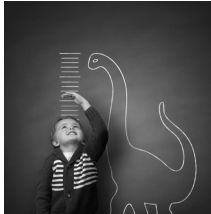
 **Appreciation**

- Ask Jesus To Remind You Of Something You Can Appreciate
- Talk With Him About What Comes To Mind
- Pay Attention To How Your Body Feels As Focus On Appreciation
- Give It A Name (2-3 words)
- Introduce Yourself & Share Your Appreciation With Someone



 **6. Dealing With The Pain Of Growing Up**

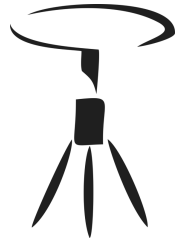
- Foundational Principles
 - Maturity & Value Are Not The Same
 - Maturity Is Often Like Swiss Cheese
 - Each Stage Of Maturity Has Both Needs And Tasks.
 - We Can Ask The Father To Provide The Needs We Have Missed.
 - We Can Grow Our Maturity By Learning The Tasks We Have Missed.
 - We Must Start Where We Are, Not Where We Want To Pretend To Be





Joy Based Recovery

- Maximize Joy Input
- Allow Jesus To Plug Your Holes
- Grow Your Maturity



Soaking In Appreciation

- Ask Jesus To Remind You Of Something You Can Appreciate
- Talk With Him About What Comes To Mind
- Pay Attention To How Your Body Feels As Focus On Appreciation
- Ask For Additional Appreciations
- Name Them
- Share The Names



6. Dealing With The Pain Of Growing Up

- What Do I Do With My Pain?
 - Take It To Immanuel
 - Seek Personal Help
 - Counselors
 - Pastors
 - Life Coach
 - Recovery Team
 - Proactively Build Your Joy Capacity
 - Have Compassion For Yourself
 - Keep Going To The Maturity Gym



Whole Brain Maturity Stories

1. Ask Jesus To Remind You Of A Time You Successfully Used A Maturity Task
2. Describe What You Were feeling





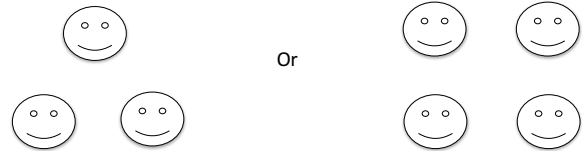
Whole Brain Maturity Stories

1. Ask Jesus To Remind You Of A Time You Completed A Maturity Task
2. Describe What You Were feeling
3. What Did You Do That Was "Like You?"



Sharing

- Form Groups Of 3 or 4 To Look Like



Whole Brain Maturity Story 1

1. Ask Jesus To Remind You Of A Time You Completed A Maturity Task
2. Describe What You Were feeling
3. What Did You Do That Was "Like You?"
4. Tell Your Story



Whole Brain Maturity Story 2

1. Ask Jesus To Remind You Of A Time You Noticed A Hole In Your Maturity Or A Place Of Pseudo-Maturity
2. Describe What You Did And What You Were feeling
3. How Would The "Real You" Respond Differently?





Whole Brain Maturity Stories

1. Ask Jesus To Remind You Of A Time You Noticed A Hole In Your Maturity Or A Place Of Pseudo-Maturity
2. Describe What You Did And What You Were feeling
3. How Would The “Real You” Respond Differently?
4. Tell Your Story



Immanuel’s Perspective

- Appreciation
- Interaction
- Sense Of Presence
- What Is Your Heart Towards Me Concerning My Maturity Holes?
- Appreciation



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Next Week

Adult-Level Maturity

